



the minster centre  
psychotherapy • counselling • training

## A STRANGER IN A STRANGE LAND

HARRIET GOLDENBERG

Saturday 8<sup>th</sup> and Sunday 9<sup>th</sup> September 2018: 10am – 5pm

What are we doing when we make ourselves 'foreigners', be it voluntarily or through necessity, and what is it like to live away from one's country of origin? What are the implications for questions of 'identity', and what becomes of the concept of 'home'?

These are some of the areas we will look at during this two day experiential workshop, with particular emphasis on the emotional and psychological processes that come into play. We will call upon our own experiences – both first hand and of others – as well as considering relevant literature.

Those with an interest in inter-cultural counselling will find this in-depth exploration of the meaning of being a foreigner, both literal and metaphorical, of particular value to their work. It will also appeal to individuals wanting to explore their own experience of being 'strangers in a strange land'.

More than 20 years after its inception A Stranger in a Strange Land remains a very powerful and special opportunity to engage with the psychological and emotional processes involved in being a foreigner – an immigrant or a refugee – as well as the less overt sense many people have of being an 'outsider', 'other', 'different', 'not at home'. This workshop provides a safe space to unpack and share some of the deeply felt experiences of 'foreignness' in all its guises, and an opportunity to gain greater understanding of what is entailed in becoming a foreigner.

**COST: £195 (non-members) £160 (members).**

Please contact Reception to book a place: [reception@minstercentre.org.uk](mailto:reception@minstercentre.org.uk)

**Venue: The Minster Centre, 20 Lonsdale Road, Queens Park, NW6 6RD.**

CPD CERTIFICATES WILL BE PROVIDED

**The Minster Centre - Pioneers of Integrative Training since 1978**

*We are proud to offer a unique perspective on psychotherapy and counselling training, as we combine a strong theoretical integrative grounding with an emphasis on the importance of experiential learning.*