



the minster centre  
psychotherapy • counselling • training

## MITIGATING SHAME IN THE SUPERVISORY RELATIONSHIP

**Sue Murphy and Adella Shapiro**

**SATURDAY 10 FEBRUARY 2018: 10AM – 5PM.**

This is a one day workshop for **qualified practitioners only**, to explore shame and defensive processes within the supervisory relationship with a focus on its impact on alliance strains and supervisory impasses, drawing on attachment theory and recent thinking regarding the relational unconscious.

The workshop will include theoretical input and experiential work. In the afternoon there will be an opportunity to explore the use of the embodied experience, intersubjective awareness and the use of reflexivity to identify and examine shame as it arises in supervision.

There will be an opportunity for participants to work on some of their own material from their practice.

**Sue Murphy** is the Course Leader for the Diploma in Supervision and PgDip/MA in Professional Practice (Supervision) at The Minster Centre. Sue has been working for over 25 years as a psychotherapist, trainer, manager of counselling services and supervisor in the NHS, Voluntary Sector, Further and Higher Education. Currently she supervises teams and individuals in the NHS, Higher Education and voluntary sectors.

**Adella Shapiro** teaches on the Supervision Training at The Minster Centre, and has worked for the past 30 years with individuals and groups in different settings. She has supervised psychotherapy students, NHS managers, group facilitators, psychotherapists and counsellors in the statutory and voluntary sectors.

**COST: £95 (non-members) £80 (members).**

Please contact [reception@minstercentre.org.uk](mailto:reception@minstercentre.org.uk) to reserve a place.

**Venue: The Minster Centre, 20 Lonsdale Road, Queen's Park, London, NW6 6RD.**

**CPD CERTIFICATES WILL BE PROVIDED**

**The Minster Centre - Pioneers of Integrative Training since 1978**

*We are proud to offer a unique perspective on psychotherapy and counselling training, as we combine a strong theoretical integrative grounding with an emphasis on the importance of experiential learning.*